

# **Facing The Shadow Starting Sexual And Relationship Recovery**

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Facing The Shadow Starting Sexual Starting with those gentle words, he guides readers through a series of reflections and exercises that pierce denial and light the path to healing from sex addiction. Facing the Shadow, used by thousands of therapists with their clients, is based on the thirty-task model of recovery from addiction that forms the basis of Carnes's work. This newly revised and expanded edition takes readers through the first seven of those tasks, including specific performables that are built in to the exercises. Facing the Shadow [3rd Edition]: Starting Sexual and ... Facing the Shadow: Starting Sexual and

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through the first seven tasks in Dr. Patrick Carnes' researched-based thirty-task model of treatment—the most respected therapy model available for treating sex addicts. Facing the Shadow: Starting Sexual and Relationship ... This third edition of Facing the Shadow contain exercises and activities that help readers begin meaningful recovery from sex addiction. This updated and revised book guides readers through the first seven tasks in Dr. Carnes' researched-based thirty-task model of recovery. Facing the Shadow: Starting Sexual and Relationship Ccovery ... Facing the Shadow : Starting Sexual and Relationship Recovery by Patrick Carnes (2015, Trade Paperback) The lowest-priced brand-new, unused, unopened, undamaged item in its

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